



## Behavioral Health Integration Newsletter

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**Department of Clinical Psychology**  
**Antioch University New England**

**The State of New Hampshire is Committed to Improving the Behavioral Health Workforce in Primary Care, and Antioch is Helping.**

Antioch University New England and its Department of Clinical Psychology is contributing to the development of the primary care behavioral health workforce in New Hampshire in three distinct but synergistic areas that are describe below. Antioch's efforts are part of a movement under the new 1115 Medicaid Waiver program to try to integrate behavioral health and medical services in the state of New Hampshire, which has produced [numerous efforts by a number of organizations.](#)

First, the Department, through its Center for Behavioral Health Innovation, has become a facilitative leader in planning and developing the primary care workforce in New Hampshire.

[Read more](#)

**A Short History of Behavioral Health Integration in Primary Care**

improve the health of populations, and the concurrent evidence of its ability to save money on overall medical costs, especially for people with complex health and behavioral health needs, has gotten Medicare, Medicaid and most of the major health plans to begin studying how they can facilitate its implementations. Whole states such as Oregon or Colorado have set One of the first integrated behavioral health programs that was a large implementation and not just a couple of practitioners working together was the Gouverneur Health Program in New York in the 70's. Dr. Blount has an entire chapter dedicated to this facility in his book, *Integrated Primary Care: The Future of Medical and Mental Health Collaboration*, Norton, 1998 There was also a fully integrated program at the first HMO which was in New Haven, CT. [Read more](#)

### **First Major Area of Study in behavioral health integration in an APA accredited doctoral program in clinical psychology launched at AUNE**

Antioch University New England (AUNE) has the first APA accredited Doctoral program in Clinical Psychology (PsyD) offering a Major Area of Study in behavioral health integration. This program trains psychologists to practice as team members in primary care and other health care settings. The Behavioral Health Integration and Population Health Major Area of Study is designed to enable psychologists to emerge from their doctoral training with the ability to be fully competent primary care behavioral health clinicians, as well as leaders in designing and developing behavioral health integration programming. [Read more](#)

### **Article of the Month:**

#### **The Role of Family Physicians in Mental Health Care Delivery in the United States: Implications for Health Reform**

Benjamin F Miller, Psy.D., Benjamin Druss, MD, MPH

The battle for connecting the mind and the body is seen every day in the largest platform of health care delivery: primary care.<sup>1,2</sup> More care for mental health, behavioral health, and substance use is provided in primary care than any other health care setting.<sup>3,4</sup> However, the historical fragmentation that has divided the mental health system from the physical health system has meant that collaboration between primary care and specialty mental health care is a

outcomes, and efficiency of the delivery of care.<sup>6,7</sup> Having 2 separate systems to take care of patients' medical and behavioral health needs<sup>10,11</sup> can result in high costs, low satisfaction, and poor outcomes, including premature mortality.<sup>5,7,12,18</sup> [Read more](#)

Miller, B. F., & Druss, B. (2013). The role of family physicians in mental health care delivery in the United States: Implications for health reform. *Journal of the American Board of Family Medicine*, 26(2), 111-113. doi:10.3122/jabfm.2013.02.120346

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